



SACRED HEART PARISH

Sunday 23rd November 2025

Christ the King & St Columban



Deacon: Joe Baxter



Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm , Mon –Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam: <https://www.sacredheartparishbelfast.com/Webcam>

~Mass Times~

Saturday Vigil: 6.00pm: Christine McSorley, Anniversary Mass

Sunday Masses: 9:30am: Albert Loughens, Anniversary Mass
11:30am: Chloe McGuinness McCloskey, Anniversary Mass

Weekday Masses: Monday 10:00am: **Please note: there is no Monday Mass until further notice**
Tuesday 7:00pm: Novena
Wednesday 10:00am: Gladys Morgan, Month's Mind Mass
Thursday 10:00am: **Please note: there is no Thursday Mass until further notice**
Friday 10:00am:

Confessions & Adoration: Saturday: 5:00pm - 5.45pm.

Divine Mercy Prayer Group: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month at 12.30pm.
Please contact the parish office to arrange a baptism.

~Upcoming Feast Days~

24th November,
St Andrew Dung-Lac & Companions

25th November
St Clements I, St Colman of Cloyne

27th November
St Vergilius, St Fergal

~Recently Deceased~

Daniel Fenton
Marian Beattie
William Craig
Vincent Burns

James McAleese

Pauline Croman

Eternal rest grant unto them, O Lord

~Anniversaries~

John Malachy Lovett

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Charles Grant
The McCrudden Family
Donor's Intention
Donor's Intention
Kathleen Fagan
Joseph Canavan

A Donation of £5 per candle is greatly appreciated

~Weekly Collection~
£1185.98

~Bishops Comission~
£226.72

Thank You For Your Generosity

~Baptisms~

Ronan James MacCormick
Bréagha Connolly
Cúan Robert Toman Hoy

Welcome into our Community

~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY

<p style="text-align: center;">Please note: There will be no Masses on Monday, or Thursday morning's until further notice. Wednesday's Mass will be a Eucharistic Service with Deacon Joe. Friday 10am Masses have resumed. There will be no monthly Healing Mass until further notice.</p>	
<p style="text-align: center;">Christmas Mass Bouquets are now available from the Parish Office</p>	
<p>Anyone wishing to book a Anniversary Mass or Month's Mind Mass, please contact the office during opening hours, leave a message on our voice mail or email your request to sacredheart@downandconnor.org. Thank You.</p>	
<p>First Saturday Devotions will take place in Holy Family Church, Limestone Road, on Saturday 6th December at 10am: Adoration of the Blessed Sacrament, Confessions, Act of Consecration, Rosary and Divine Mercy Chaplet. 11am: Holy Sacrafice of the Mass. Please come and bring a friend. All welcome.</p>	
<p>Columbanus Festival 22nd-23rd November 2025 in Bangor. Music/workshops/talk/guided walk/church service. For more information go to https://friendsofcolimbanusbangor.co.uk/events. Includes a special lecture on early Irish manuscripts by UCC professor. For tickets go to bangorvic@ardsandnorthdown.gov.uk, or call 02891 270069.</p>	
<p>Holy Family Parish Christmas Fair. Sunday 23rd November at 2.15pm in Blessed Trinity College Somerton Site (formerly Little Flower School). Stalls include the rickety wheel, tombola, cakes, bric -a- brac, face painting and ballot draw. Free entry. All welcome to come and join in the fun.</p>	
<p>St Columban's Primary School Open Night. Wednesday 26th November from 6-7pm. 315 Old Park Avenue</p>	
<p>Misa De Gallo. 'The Lord is a Lamp for my steps and a Light for my path' 9 day Novena before Christmas with Very Rev Fr Vincent Cushnahan. 16th- 24th December, starting at 6pm. St Vincent de Paul Church, 169 Ligonell Road, Belfast. All are welcome.</p>	
<p>Stella Maris Lourdes Pilgrimage: Mon 25 – Sat 30 May 2026. We warmly welcome serving or retired seafarers, fishers, their family or carers to spend six days of prayer, healing, and fellowship in the beautiful sanctuary of Our Lady of Lourdes. This pilgrimage will be fully funded (incl: travel, accommodation, and meals). To register your interest, or more info please contact: john.fogarty@stellamarismail.org 07986 723015 or hugh.ramsay@stellamarismail.org 07432 654032</p>	
<p>Taizé Prayer Around the Cross. You are warmly invited to Taizé Prayer Around the Cross on Friday 28th November, 2025, from 8-9pm in Holy Family Church, Limestone Road. This is an opportunity to take time out to pray with the beautiful Taizé chants, to be still and to prepare for the Season of Advent. Everyone is very welcome, please come along and bring your friends. Refreshments will be served afterwards in the Gathering Space.</p>	
<p>Trócaire Christmas Appeal. Daily, in the news and media we see the catastrophic effects of climate change/war/hunger/disease, etc. on so many people. Very often we turn away feeling powerless. You may not be able to do anything personally but you can support Trocaire who can reach the people most in need. Trócaire Gift Cards/leaflets are now available. Choose a gift/make a donation, complete the form, enclose the correct money and return to Church next Sunday, place in the blue box at the front of the Church. Cards will be ready next Sunday. Thank you for your generosity.</p>	
<p>Sacred Heart Stitch and Crochet Group are having their Annual Christmas Sale of Works after each Mass on Saturday 6th and Sunday 7th of December. All proceeds in aid of Parish funds. Come show your support. Christmas gifts and ballots available.</p>	
<p>Down and Connor Lourdes Pilgrimage. 9-14 July 2026: We are seeking doctors, registered nurses and volunteers to care for pilgrims who need medical, nursing and personal care or assistance to make their pilgrimage to Lourdes possible. New members are welcome for our medical, nursing brancardier (adult male helpers) and handmaiden (female adult helpers) teams. For more info please email your contact details to lourdes@downandconnor.org.</p>	
<p>Eucharistic Ministers and Readers. If you are interested in becoming a Eucharistic Minister or Reader of the Word, please speak to Deacon Joe or leave your name and phone number with the office.</p>	
<p>Legion of Mary. Monday 7.30pm, Church of the Immaculate Heart of Mary, Antrim Road, Thursday, New Lodge Grotto, Rosary.</p>	
<p>AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, Thursday at 7pm.(Ladies Group)</p>	
<p>Narcotics Anonymous (NA) meeting upstairs in the Parish Centre on Wednesday's at 7pm-8pm.</p>	
<p>Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.</p>	
<p>The Spred Group meet every second Monday in the Parish Hall at 7pm.</p>	
<p>The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.</p>	
<p>Lifeline-24hr 7 days a week 0800 808 8000 Samaritans anytime night or day 116 123 St Vincent De Paul 028 90351561 Cancer Lifeline 028 90 351999 AA 02890351222</p>	<p>Al-Anon Family Groups 028 9068 2368 PIPS 0800 088 6042 Youth Education Health Advise 02890 757 809 Diocesan Safeguarding Officer Philip O'Hara 07534 992 124</p>
<p style="text-align: center; color: red;">Sacred Heart of Jesus, I place all my trust in Thee</p>	